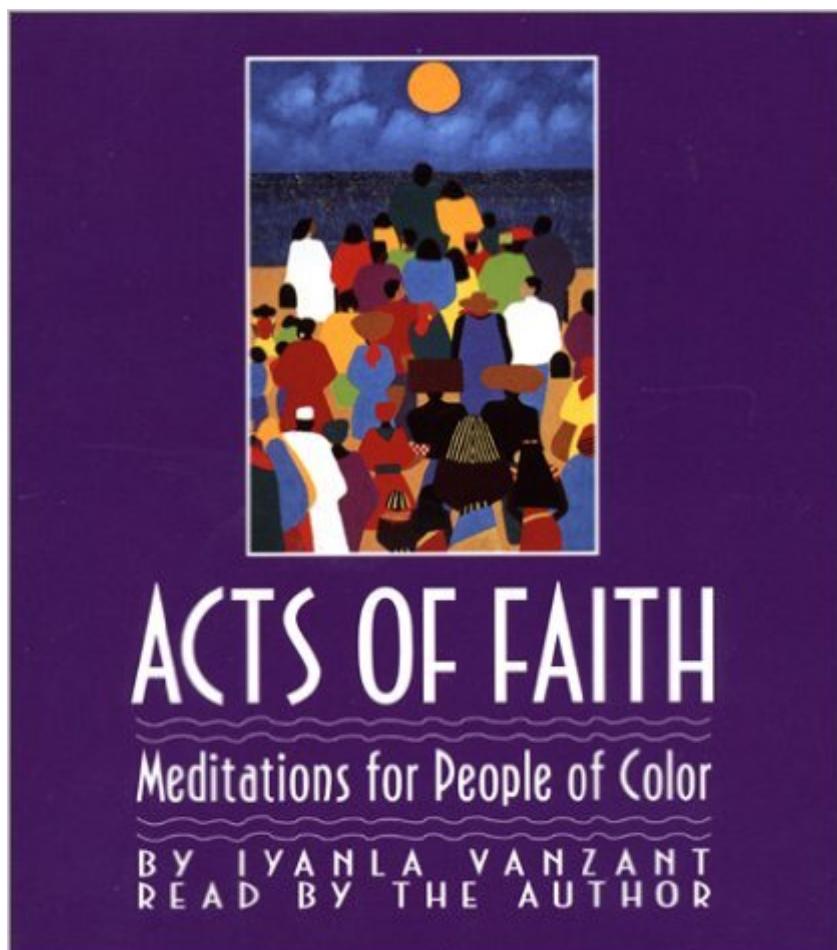


The book was found

Acts Of Faith: Meditations For People Of Color



Synopsis

"Acts of Faith" is a thoughtful and inspirational work that explores the unique pressures on people of color with great insight and sensitivity. This program confronts the four basic areas that create stress and imbalance for people of color: the relationships with ourselves, with the world, with each other, and with money. No matter who you are or where you are in any of these areas, Iyanla Vanzant tells you that you can make changes, realize improvement and eliminate stress in all of your relationships.

Book Information

Audio CD

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Average Customer Review: 5.0 out of 5 stars See all reviews (2 customer reviews)

Best Sellers Rank: #10,418,532 in Books (See Top 100 in Books) #26 in Books > Books on CD > Authors, A-Z > (V) > Vanzant, Iyanla #892 in Books > Books on CD > Health, Mind & Body > Meditation #1128 in Books > Books on CD > Health, Mind & Body > Relaxation & Meditation

Customer Reviews

I recently purchased the book on sale, and on a whim, I also purchased the audio. What a joy! I have played in everyday since I purchased it, and just ordered 5 copies from .com to share with some of my sister friends. The meditations make such sense, you wonder... 'why haven't I viewed my situation this way before..?' The wisdom, and pure common sense is soothing. It feels soooooo good to hear someone describe exactly what you have gone thru, are going thru, or just finished going thru. Please listen...you will be changed...

THIS BOOK DESERVE TO BE READ RIGHT ALONG SIDE THE HOLY BIBLE FOR A TRUE SINCE OF GUIDANCE, PEACE, APPRECIATION OF LIFE AND GODS EVER-LASTING LOVE AND FORGIVENESS OF ALL MAN/WOMEN KIND.

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